



## 朗州美食

"潮州人,自己人,来到汕头都是自己人! 潮州菜籽鱼,籽菜,籽运来!"

Teochew People

"Gagi Nang" 'our own people'

Once in Swatow, we are "Gagi Nang", we are one family.

Teochew cuisine is well known for

its seafood dishes and is often

regarded as being very healthy,

good food, good fortune

# 舌男卫的复食

汕头是潮汕文化的发源地之一,凡"有陈水的地方就有潮人",有潮人的地方无疑就有潮汕文化的存在。

汕头民众水刻苦耐劳, 勇于开拓, 善于经营, 诚实信义而着称于世。 为了家庭, 为了生活, 他们飘洋过海, 远波重洋到海外打拼, 让故乡的家人可以有个更美好的家园。

潮菜是饮食三大流派之一,拥有干年历史。菜色种类繁多此海鲜,季材和甜菜。潮汕美食注重水最新鲜的食材,保持鲜美原味的特色。

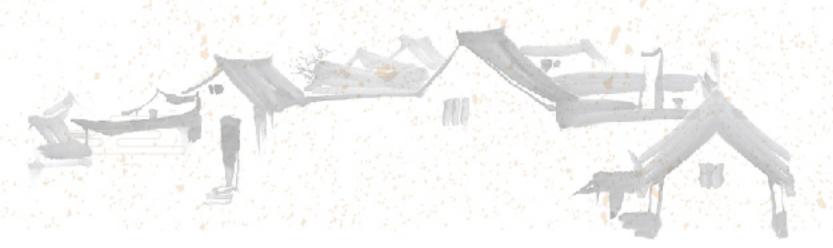
汕头城为了体现保厚潮汕的快食文化,多年来培养优秀的精英厨师团队,用心烹调与研发潮汕美食精髓,从家常小菜,潮州小点至潮州宴席,道道呈现潮汕经典与美味,为幸苦来到南洋打拼多年的先贤们呈现遗地的潮州佳肴,慰藉他们的思乡情缘。



Shantou (formerly Swatow) is deemed as one of the many birthplaces of the Chaoshan culture. As the saying goes, "Teochews go where the sea flows", Teochews bring their culture with them wherever they go.

One of the three major culinary classics of China, Teochew cuisine boasts a rich history of over a thousand years. From seafood and vegetarian dishes to desserts, it is known for its emphasis on using only the freshest of ingredients for richer and more wholesome flavours.

Swatow City presents you the longstanding tradition of Chaoshan culture on a plate, specialising in Teochew cuisine so as to serve up the authentic flavours of Chaozhou. So come and tuck in as a family.









# 鱼翅汤羹



潮州干捞散翅 \$28 (位上) Teochew Style Stir-Fried Shark's Fin

迷你佛跳墙 Double-boiled Mini Buddha Jumps Over the Wall \$68 (位上)

潮式蟹肉黄焖翅 Braised Royal Shark's Fin and Crab Meat in Teochew Style

\$28 (位上)

### 赞

潮式红烧大鲍翅 Braised Superior Shark's Fin in Teochew Style \$48 (位上)



### 茶壶松茸炖鸡汤 Chicken & Matsutake Mushroom Soup Served in Mini Tea Pot

\$12

鲍鱼粒鱼鳔羹 Braised Abalone with Fish Maw Bisque

\$8 (位上)

宫廷酸辣羹 Imperial Hot and Sour Soup

\$8

赞

### 咸菜胡椒猪肚汤

Double Boiled Pig's Tripe Sarawak Peppery Broth with Preserved Salted Vegetables





100g I \$9

虾 Prawn

100g I \$6

本地龙虾 Local Lobster

Seasonal Price Advanced Order

波士顿龙虾 Boston Lobster

100g I \$8

阿拉斯加蟹

(时价) (预定)

Alaskan Crab

(Seasonal Price | Advanced order)

辣椒煮,黑/白胡椒, 上汤 ,牛油 , 鸡油花雕蒸,蒜茸蒸, 清蒸,椒盐。





豉汁带子蒸豆腐 Steamed Tofu with Scallops in Black Bean Sauce	\$28
青芥末鱼子虾球 Crispy Prawn with Wasabi Mayonnaise & Caviar	\$28
干煎银鳕鱼 Pan Fried Cod Fish	\$28



味蛋珍珠开边虾 Stir Fried Prawn with Salted Egg Yolk

\$22



凤胎带子扒时蔬 \$28 Stir Fried Scallop with Seasonal Vegetables & Egg White









\$16

梅香咸鱼蒸肉饼 Steamed Minced Pork with Salted Fish



榄菜肉碎四季豆 \$12 Sauteed French Beans with Minced Pork and Olive



Black Pepper & Golden Garlic

黑椒蒜片牛柳粒 Fried Beef with

栗子海参黑蒜焖鸡煲 \$28 Braised Chicken with Chestnuts, Sea Cucumber and Black Garlic

咸鱼鲍鱼滑鸡煲 \$28 Braised Abalone & Chicken with Salted Fish in Casserole

菠萝咕噜肉 \$16 Sweet & Sour Pork with Pineapple





Poached Chinese Spinach with Trio Eggs

蒜子豆根浸奶白菜 \$12 Poached Baby White Cabbage with Garlic & Tofu Skin

XO酱炒芦笋 \$16 Stir Fried Asparagus in XO Sauce

干贝虾子扒芥菜 \$16 Braised Mustard with Dried Scallop & Shrimp Roe 蔬菜类 | \$12 奶白菜 | Baby White Cabbage 苋菜 | Chinese Spinach 小芥兰 | Baby Kai Lan 香港芥兰 | Hong Kong Kai Lan 西兰花 | Broccoli

(蒜蓉,清炒,蚝油, XO酱)





	伴水芹香 Stir Fried Assorted Vegetables & Black Fungus	\$16
	鲜菌菠菜汤 Fresh Mushroom And Spinach Soup	\$8
	碧绿素鲍鱼片 Braised Mock Abalone With Vegetables	\$18
<b>#</b>	红烧素豆腐 Braised Vegetarian Bean Curd	\$12
變	鲜菌炒鲜百合芦笋 Stir-fried Asparagus with Fresh Mushrooms	\$16





赞	柴鱼花章鱼鸡粒石窝烩饭 Braised Rice with Chicken,Octopus & Bonito Flakes in Stone Pot	\$18
	樱花虾干烧伊面 Ee Fu Noodle with Sakura Ebi	\$16
赞	避风塘炒河粉 Fried Kway Teow with Seafood in HK Style	\$16
	咸鱼鸡粒炒饭 Fried Rice with Chicken Meat and Salted Fish	\$14
	蚝仔肉碎粥 Teochew Porridge with	\$8





潮州炒面卜 Teochew Fried Mee Pok \$16 with Seafood & Minced Pork



芥兰菜脯炒粿条 \$12 Fried Kway Teow with Kai Lan & Preserved Radish



糖醋两面黄 \$14 Teochew Pan-Fried Noodle with Sugar

鱼子蟹肉炒饭 Fried Rice with

Crab Meat & Caviar \$16



马蹄片绿豆爽 Teochew 'Tau Suan' with Water Chestnut	\$3.80
姜汁炖奶 Steamed Milk Pudding	\$4.80
紫薯西米露 Purple Sweet Potatoes Sago	\$4.80
蛋白杏仁露 Almond Cream with Egg White	\$5.80
雪蛤杏仁露	\$12.80

Almond Cream with Hashima



潮州金瓜福果芋泥 Teochew Yam Paste with Pumpkin & Gingko Nuts \$4.80



芒果布丁 Chilled Mango Pudding

\$4.80



杨枝金露 Chilled Mango Sago with Pomelo \$4.80



榴莲雪媚娘 Durian Mochi

3件 \$7.50 3Pcs \$7.50



椰汁木瓜糕 Chilled Coconut Jelly with Papaya 3件 \$4.8