

# 关于 汕头

## ABOUT SWATOW SEAFOOD

享誉国内外的“潮州佳肴”，汕头海鲜体现了深厚潮汕的饮食文化。潮菜是饮食三大流派之一，拥有千年历史。菜色多样如海鲜，素菜和甜菜。注重最新鲜的食材，保持原味的特点，让人人都能品尝到正宗的潮州美味。汕头潮州美味佳肴，让你瞬间走入充满怀旧，诗意的时光隧道。家喻户晓的美食，肯定让您垂涎三尺。

*Swatow Restaurant is home to a myriad of authentic Teochew cuisine derived from centuries of cultural influences. Our hallmark delicacies are specially prepared by top Chefs from the Asia Pacific using only the freshest ingredients. Finish off with an extensive range of delicacies with some of our traditional handmade Dim Sums. A place of nostalgic grandeur with a modern twist, be swept away by the taste of yesteryears to complete your dining experience with your loved ones.*





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SWATOW SIGNATURES



*Swatow's culinary masterpieces are specially designed to pamper your palate.  
Our array of Teochew signatures are the most celebrated food in the local scene,  
complimented with the perfect condiment for the savoury flavour.*



潮州冻膏蟹

[110] Teochew Cold Crab

时价 Seasonal Price



汕头特色琵琶虾

[109] Swatow Signature Crayfish

时价 Seasonal Price



## 汕头豆酱鸡

[401] Swatow Signature Chicken  
\$20 半只 Half

## 白灼乌贼(苏东)

[127] Poached Squid  
\$15

## 鸭皇蛋

[404] Imperial Fried Egg  
with Duck Meat  
\$12

## 潮州猪头粽

[005] Teochew Chilled Sliced Braised Pig's Head  
\$12

## 潮州虾枣

[003] Teochew Crispy Prawn Roll  
\$12

## 潮州猪脚冻

[004] Teochew Chilled Jellied Pork Knuckle  
\$12

## 潮州卤鸭片

[002] Teochew Braised Sliced Duck  
\$16

## 潮州四小碟

Four Deluxe Combination

## 潮州肝花

[006] Teochew Crispy Pork Liver Roll  
\$12





## 潮州蚝烙

[008] Teochew Crispy Oyster Omelette

\$15

## 八宝素菜

[501] Braised Eight Treasure Vegetables

\$18

•All prices are subjected to prevailing government tax & 10% service charge 所有价格须支付额外7%政府税和10%服务费 • Picture shown are for illustration purposes only 图片适宜参考题材

## 海鲜精选

SEAFOOD DELUXE



*Indulge in a luxurious seafood feast with the impeccable combination of fresh and healthy cooking styles. The juicy and succulent meat will promise you bites of premium goodness.*





	龙虾 Lobster	价钱 Price 每份 Per Serving
101	川椒龙虾 Spicy Lobster in Teochew Style	时价 Seasonal Price
102	蒜茸蒸龙虾 Steamed Lobster with Garlic	时价 Seasonal Price
103	上汤焗龙虾 Baked Lobster in Superior Stock	时价 Seasonal Price
104	金丝牛油龙虾 Golden Butter Lobster	时价 Seasonal Price

金丝牛油龙虾

[104] Golden Butter Lobster



	琵琶虾 Crayfish	价钱 Price 每份 Per Serving	
105	杏仁金丝琵琶虾 Sautéed Crayfish Tossed in Almond Crisp	时价 Seasonal Price	
106	叁芭琵琶虾 Sambal Crayfish	时价 Seasonal Price	
107	川椒琵琶虾 Spicy Crayfish in Teochew Style	时价 Seasonal Price	赞
108	黑椒琵琶虾 Black Pepper Crayfish	时价 Seasonal Price	
109	汕头特色琵琶虾 Swatow Signature Crayfish	时价 Seasonal Price	赞


汕头特色琵琶虾

[109] Swatow Signature Crayfish

时价 Seasonal Price

# 螃蟹 Crab

		价钱 Price 每份 Per Serving	
110	潮州冻膏蟹 Teochew Cold Crab	时价 Seasonal Price	赞
111	狮城辣椒蟹 Local Style Chilli Crab	时价 Seasonal Price	赞
112	黑胡椒蟹 Black Pepper Crab	时价 Seasonal Price	
113	金丝牛油蟹 Golden Butter Crab	时价 Seasonal Price	
114	金沙螃蟹 Salted Egg Crab	时价 Seasonal Price	





# 虾

## Prawn

		价钱 Price 每份 Per Serving	
115	麦片香虾 Crispy Cereal Prawn	\$22	赞
116	金丝牛油虾 Golden Butter Prawn	\$22	
117	药膳醉虾 Herbal Drunken Prawn	\$22	
118	潮式川椒虾 Spicy Prawn in Teochew Style	\$22	赞
119	金沙虾 Salted Egg Prawn	\$22	赞



避风塘虾 \$22  
Sautéed "Bi Feng Tang" Prawns



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# 鱼

## Fish

价钱 Price			价钱 Price			
		每份 Per Serving			每份 Per Serving	
120	潮式蒸斗鲷 Steamed Pomfret in Teochew Style	时价 Seasonal Price		124	娘惹蒸 Nonya Style	时价 Seasonal Price
121	鸳鸯双味鲷 Pomfret in Duo Style	时价 Seasonal Price		125	港式蒸 Hong Kong Style	时价 Seasonal Price
122	潮式鲷鱼糜 Sliced Pomfret Porridge	时价 Seasonal Price		126	姜丝炸斗鲷 Deep Fried Pomfret with Sliced Ginger	时价 Seasonal Price



鸳鸯双味鲷  
[121] Pomfret in Duo Style

娘惹蒸  
[123] Nonya Style



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红炆海参

[127] Braised Sea Cucumber



北葱炆鱼鳔  
[128] Braised Fish Maw in Teochew Style



		价钱 Price 每份 Per Serving	
127	红炆海参 Braised Sea Cucumber	\$22	赞
128	北葱炆鱼鳔 Braised Fish Maw in Teochew Style	\$22	赞
129	鲍片扒海参 Braised Sliced Abalone with Sea Cucumber	\$40	
130	油泡带子 Stir-Fried Scallop in Teochew Style	\$25	赞
131	花菇海参时蔬 Braised Sea Cucumber with Mushroom & Seasonal Vegetables	\$32	
132	十头鲍鱼扒海参 Braised (10 head) Abalone with Sea Cucumber	\$58	
133	六头鲍鱼扒海参 Braised (6 head) Abalone with Sea Cucumber	\$98	

潮洲津白龙鳧鱼头汤

Jumbo Grouper Fish Head Soup with  
Chinese Cabbage in Teochew Style

\$38





	鱼翅 Shark's Fin	价钱 Price 每位 Per Serving
201	蟹肉勾翅 Braised Shark's Fin Soup with Crab Meat	\$15
202	潮洲浓汤鲍翅 Braised Superior Shark's Fin in Teochew Style	\$58
	汤 Soup	
203	蟹肉鱼鳔羹 Crabmeat Fish Maw Thick Soup	\$8
204	黑松露鲍鱼炖鸡汤 Double Boiled Chicken & Abalone in Black Truffle	\$12.80
206	烈火炖汤 Soup of The Day	\$12.80
207	南北杏雪耳炖鸡汤 Double Boiled Chicken with Apricot Kernels	\$12.80



潮洲浓汤鲍翅

[202] Braised Superior Shark's Fin in Teochew Style



上等肉类

MEAT GALORE

Both our traditional and sophisticated favourites are served top quality, with skilful preparation and excellent cuts. The concoction of unique recipes and fresh produce are what make these items a must-have during your meal at Swatow's. Definitely brings back a familiar wave of home.





# 肉 类

## Meat Galore

		价钱 Price 每份 Per Serving
302	咸香蒸肉饼 Steamed Minced Pork with Salted Fish	\$18
303	咖啡排骨 Coffee Pork Ribs	\$12
304	黑椒排骨 Black Pepper Pork Ribs	\$18
306	潮式咸肉 Teochew Sliced Salted Pork	\$12



309 芝麻酱煎黑猪肉  
Pan-Fried Kurobuta with Tahini Sauce \$28

307	蒜子炸五花肉 Deep-Fried Pork Belly with Garlic Granule	\$15
308	麻辣爆五花肉 Stir-Fried Hot & Spicy "Mala" Pork Belly	\$15



310 冰镇咕嚕黑猪肉  
Sweet & Sour Kurobuta Pork \$28

### 咸香蒸肉饼

[302] Steamed Minced Pork with Salted Fish



# 家 禽

## Poultry

		价钱 Price 每份 Per Serving
401	汕头豆酱鸡 Swatow Signature Chicken	\$20 半只 Half \$38 整只 Whole
402	潮州卤水鸭片 Teochew Braised Sliced Duck	\$16
403	潮州卤水鸭掌翅 Teochew Braised Duck Webs and Wings	\$12
404	鸭皇蛋 Imperial Fried Egg with Duck Meat	\$12
405	脆皮烧鸡 Crispy Skin Roasted Chicken	\$18 半只 Half \$32 整只 Whole
406	蜜汁烧鸡 Roasted Chicken with Special Homemade Sauce	\$18 半只 Half \$32 整只 Whole
407	菜脯煎蛋 Fried Omelette with Preserved Radish	\$8
408	避风塘烧鸡 "Bi Feng Tang" Roasted Chicken with Macadamia & Almond	\$20 半只 Half \$38 整只 Whole



汕头豆酱鸡  
[40] Swatow Signature Chicken



鸭皇蛋  
[404] Imperial Fried Egg with Duck Meat





健康  
美食

VEGETABLE

The assortment of ingredients propels the distinct flavours of our vegetable dishes.  
Traditionally known for its healthy cooking methods, our vegetables emphasize on its natural  
flavours and ingredients. Definitely the healthier choice to complete your meal.

## 养生素食餐 Revitalize Vegetarian Set Menu

\$58<sup>++</sup>  
每位 Per Person

汕头特式素双拼  
Swatow Signature Deluxe Vegetarian Platter

松茸桃胶菠菜羹  
Braised Mushroom & Spinach with Peach Collagen Bisque

菠萝咕噜猴头菇  
Wok-Fried Sweet & Sour Vegetarian Mushroom with Pineapple

百合芹杏当归汁  
Stir-Fried Lily Buds and Celery in Angelica Broth

榄菜素心鸳鸯饭  
Preserved Olive Fried Rice in Duo Style (Brown/White Rice)

红枣泡参炖雪燕  
Double-Boiled Snow Swallow with Ginseng and Red Dates



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## Vegetarian Ala Carte Menu



沙律鲜果龙丝卷 \$18 /4 件  
Crispy Assorted Fruit Salad Roll



百合芹杏当归汁 \$15  
Stir-Fried Lily Buds and Celery  
in Angelica Broth



松茸桃胶菠菜羹 \$10  
Braised Mushroom & Spinach  
with Peach Collagen Bisque



菠萝咕嚕猴头菇 \$15  
Wok-Fried Sweet & Sour Vegetarian  
Mushroom with Pineapple

## Vegetarian Ala Carte Menu



素香普宁炸豆干 \$12  
“Pu-Ning” Fried Beancurd



金汁素珍石榴球 \$15 /4 件  
Steamed Mushroom Wrapped in  
Egg White in Pumpkin Broth



金素X.O.酱芦笋杏鲍菇 \$15  
Sauteed King Oyster Mushroom in XO Sauce



榄菜素心鸳鸯饭 \$15  
Preserved Olive Fried Rice in Duo Style  
(Brown/White Rice)



凉拌麻辣海苔丝 \$10  
Kelp with Mala Cold Dish



绿园金汁蒸普宁豆干 \$12  
Steamed “Pu-Ning” Beancurd with  
Spinach Broth



潮州五宝水晶包  
Teochew Five Treasure Steamed  
Crystal Dumpling

\$6.80



	蔬菜 / 豆腐 Vegetables / Bean Curd	价钱 Price 每份 Per Serving	
501	八宝素菜 Braised Eight Treasure Vegetables	\$18	赞
502	潮州八景 Stir-Fried Teochew Vegetarian Deluxe	\$16	赞
503	铁脯芥兰 Stir-Fried Kai Lan with Dried Flounder	\$16	赞
504	铁脯蒜茸芦笋 Stir-Fried Asparagus with Garlic & Dried Flounder	\$16	
505	虾球芦笋 Stir-Fried Asparagus with Prawns	\$28	
506	揽菜四季豆 Olive Leaves with French Beans	\$12	
507	汕头双脆 Crispy Eggplant with French Beans	\$16	
508	叁巴炒应菜 Sambal Kang Kong	\$10	
509	菜白虾球 Stir-Fried Yellow Chives with Prawns	\$28	
510	汕头豆腐 Swatow Homemade Beancurd	\$12	赞
511	卤水豆干 Braised Beancurd	\$6	
513	普宁炸豆干 Teochew Style Fried Beancurd	\$12	
514	黑松露有机菜 Black Truffle with Organic Vegetables	\$16	赞



八宝素菜  
[501] Braised Eight Treasure Vegetables



潮州八景  
[502] Stir-Fried Teochew Vegetarian Deluxe



铁脯芥兰  
{503} Stir-Fried Kai Lan with Dried Flounder



汕头双脆  
[507] Crispy Egg Plant with French Bean



菜白虾球

[509] Stir-Fried Yellow Chives with Prawns





潮州长寿面  
[517] Longevity Noodle



汕头蟹肉芥兰炒饭  
[513] Swatow Fried Rice with Crabmeat and Kai Lan



芥兰菜脯炒果条  
[515] Teochew Kai Lan Fried Kuay Teow  
with Preserved Radish

主 菜 Main Dishes		价钱 Price 每份 Per Serving	
513	汕头蟹肉芥兰炒饭 Swatow Fried Rice with Crabmeat & Kai Lan	\$16	赞
514	麦片海 鲜炒饭 Seafood Fried Rice with Cereal	\$15	
515	芥 兰菜脯炒 粿条 Teochew Kai Lan Fried Kuay Teow with Preserved Radish	\$10	赞
516	海 鲜滑蛋河 粉 Seafood Hor Fun	\$14	
517	潮 州长 寿面 Longevity Noodle	\$18	
518	干 烧伊 面 Braised Ee-Fu Noodle	\$10	
519	肉 丝烧 面线 Fried Teochew "Mee Sua" with Shredded Meat	\$10	
520	滑蛋鲜虾生面 Fried Noodles with Prawns & Eggs in Gravy	\$24	



汕头甜点

SWEET SENSATIONS

Tingle your senses with our luscious desserts that will be the perfect ending to your meal.



反沙芋条

[605] Sugar Coated Yam Cubes



	价钱 Price	
	每位 Per Portion	
601 香芒布丁 Chilled Mango Pudding	\$4	赞
602 蜜糖龟苓膏 Herbal Jelly	\$4	
603 杨枝甘露 Chilled Mango Sago	\$5	
604 金瓜白果芋泥 Sweet Yam Paste with Gingko Nuts	\$6 \$18 \$36 (Per Pax) M 中 L 大	赞
605 反沙芋条 Sugar Coated Yam Cubes	\$12 \$2/pc (6pc) (Add On)	赞
606 红枣雪蛤 Hashima with Red Dates	\$8	



607 榴莲麻吉 Durian Mochi	\$2.50 per pc	\$14.50 6 pc per box
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# *Catering for All Occasions*

- Festive Celebrations • Wedding • Corporate Events
- Cocktail Reception • Baby Shower • House Warming
- Bento Set Meals • Mini Buffet Takeaway • BBQ • Live Station



Customise menu available. Call hp: **8318 9998**

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